



School Supply List for K-2 🍎 Mrs. Thomason's Forest School

Classroom Supplies

Student Items - Please label with child's name:

- 1 Backpack, Lunch Box, & Water Bottle (*spill proof*)
- 1 Five Star, *Heavy-duty*, 2-pocket plastic folder with clasps in the center for pages & extra pocket on inside R.
- 2 Sketch Pads (at least 8½×11 in. & 70 pages - larger is acceptable too- **NOT A NOTEBOOK PLEASE**)
- 2 Primary Journals (*must have space for drawing and writing on the page*)
- 1 Box Crayola Crayons & Colored Pencils (*erasable*)
- 1 Paint Pad (Watercolor Paper) & Watercolor Paints
- 1 Pencil Box
- 1 Pair Kid Scissors
- 1 Clipboard

Classroom community supplies - don't label with child's name:

- 6 Glue Sticks
- 1 Large Bottle of Elmer's Glue
- 1 Box **Sharpened** Pencils (no mechanical pencils)
- 2 Large Pink Erasers
- 1 Box Plastic Spoons & 1 Box Plastic Forks

Forest School Specific Items - label with child's name:

Students will be outside 2+ hours a day, in all weather, in all seasons.
Here are clothing supplies that will be **required** throughout the school year.

- KAS Forest School Uniform Shirts
- Rain boots (see comments on pg. 2)
- Lightweight socks (see pg. 3) for warm months **and** warm wool socks for cold months.
- Deet-free insect repellent
- Camp chair (collapsible, labeled with child's name)
- Two-piece long underwear—silk or wool is best, but polyester is also a good choice.
- Fleece zip-up jacket
- Waterproof mittens/gloves and a hat (think warmth over style)
- A warm winter coat
- Waterproof**, breathable, durable, raincoat & rain pants with shoulder straps (***KAS provides NEW students their first pair of rain gear. Replacements are the parent's responsibility if they get torn or outgrown.***)

**Rain gear (boots, coat, pants) will remain at the school.*

We provide a Forest School program that brings your student outside for 2+ hours each day, as well as time in the classroom. We have done our best to compile a helpful explanation of items that will be needed throughout the school year. Because this program embraces all seasons and seeks to remain outside during many types of weather, it is CRITICAL that your child has clothes and gear that allows him or her to play comfortably. Forest School's motto is: There is no such thing as bad weather, only inappropriate clothing choices.

Below you will find an explanation of NECESSARY items as well as helpful tips and suggestions regarding clothing and gear. The checklist of required items is on the school supply list above. Please note that this list of required gear is subject to change. As the school year progresses and children's engagement with natural elements are monitored, it may be necessary to add or change some items and gear that are optimal for children's activities.

Everyday Basic Gear

- Water bottle (filled.) Children must be able to independently operate their water bottle.
- Waterproof, not water resistant, rain pants (**1st pair provided by KAS, if damaged beyond normal wear, you will be responsible for a replacement pair**)
- Waterproof, not water resistant, rain jacket (**1st one provided by KAS, if damaged beyond normal wear, you will be responsible for a replacement**)
- Rain boots
 - ◆ **Warm months:** any kind of rubber rain boot
 - ◆ **Cold months:** insulated rain boots - Bogs, Oakiwear. No insulated snow "duck" boots please.
- Labeled extra change of clothing in zip lock bag that includes:
 - ◆ **Warm months:** KAS Forest School t-shirt, quick dry shorts; socks; underwear
 - ◆ **Cold months:** KAS Forest School t-shirt, base layer long sleeve shirt and pants, additional thick sweater or fleece jacket and fleece pants, wool socks, waterproof mittens, hat, underwear

Please note that there has been a few changes to the K-2 uniform:

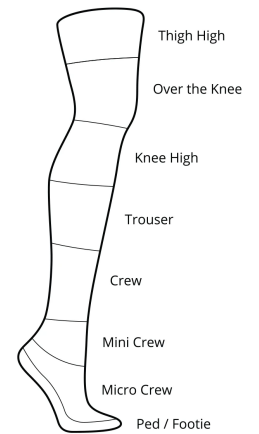
1. We have a new Forest School t-shirt (Contact Heather to order)
2. Quick-dry shorts and pants are recommended instead of regular cotton uniform shorts or pants.

- Indoor shoes for in the classroom are still required. (If your child has not yet mastered tying shoes, velcro is a great option for the classroom.)

Fall and Spring Months

During the hot months, we will wear rain pants only when it is raining. Please make sure to add bug spray and sunscreen to legs during the hot months.

- KAS Forest School t-shirt
- Quick dry shorts
- Rain boots (any rubber pair will work) with crew-trouser length lightweight socks. The length of the socks will prevent rubbing in their rubber boots during the warm months. (Students will need a “school” pair of rain boots so that we have them when needed.)
- Sunhat (optional), although our space has a lot of tree cover, your child may still want a sunhat.
- Sunscreen labeled with name (please apply before drop-off).
- Insect repellent labeled with name (please apply before drop-off).



When temperatures are cooler:

- Long-sleeved, moisture-wicking (polyester) shirts under their KAS FS t-shirt
- Long pants (quick dry is recommended)

Winter Months

- Insulated rain boots (Bogs, Oakiwear. No insulated snow “duck” boots please.)
- Full rain gear
 - ◆ Waterproof rain jacket (1st one provided by KAS, if damaged beyond normal wear, you will be responsible for a replacement)
 - ◆ Waterproof rain pants (1st pair provided by KAS, if damaged beyond normal wear, you will be responsible for a replacement pair)

- ◆ If you choose to wear snow pants or thick coats, they must fit under rain pants and rain jacket. Snow gear is only water resistant and not an acceptable outer layer. The outer layer must keep the wetness out!

- Two-piece long underwear

- ◆ Silk or wool is best, but polyester is also a good choice.

- ◆ Layers! We strongly recommend that your child wear several layers of these materials!

- Thick wool sweaters or fleece jacket

- Thick fleece pants

- Wool socks (multiple pairs) Merino wool or SmartWool are terms to search.

- Waterproof Mittens

- ◆ Mittens are warmer than five-finger gloves and easier to pull on and off (side-zip are ideal)

- ◆ Wool or fleece mittens for a base layer if you choose

- ◆ Amazon.com has Reima waterproof unlined mittens that could go over the fleece mittens.

- Wool or fleece hat

Helpful Hints

- Layering:

- ◆ Layering is key! Some days are 1-layer clothing days, some 2-layer days, some 3-layers. It is much easier to take layers off as needed than to warm a child that has already gotten chilled.

- ◆ The children's needs throughout the day are often unpredictable and will depend not only on the weather conditions but also the child's body temperature and activity level. We layer to adjust to the variety of conditions we encounter!

- In the winter: Wearing 2 layers of wool long underwear underneath a thick wool sweater and fleece pants is the most effective way to layer children under their rain gear in order to keep them warm without feeling too bulky.

- ◆ Ask your child if they were warm enough outside and add more layers if needed.

- We're going to get dirty! Please make sure you dress your children in clothes that can get messy.

- Comfortability:

- ◆ All clothing and footwear should be loose fitting and roomy to allow the body's own insulating layer to surround the skin. This is more comfortable and keeps the children warmer!

- ◆ Pants are more comfortable for children when they have elastic waists instead of buttons or snaps.

- ◆ Please stay away from one- piece clothing such as snow bibs, as they can be problematic when using the bathroom.

→ VERY IMPORTANT: Please label everything with your child's name.

→ Where to Obtain Gear

◆ Amazon.com is a good place to find most items.

◆ There are many places to order soft wool products that are not itchy to sensitive skin. Second hand stores are a great place for wool and fleece layers.

◆ If you purchase your pair of Bogs boots from REI, they will take them back if damaged and give you a new pair.

→ Maintaining the Gear

◆ Kookaburra or Eucalan wool wash products protect the lanolin in the wool that maintains the warm when-wet properties. When aired out at night, wool does not hold odors and when worn under other layers, only needs to be washed every few weeks.

Please, if you have any questions or concerns about obtaining the correct items, feel free to contact me via text, call, email, or class dojo. I am happy to help!

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