



School Supply List for K-2

Mrs. Thomason's Forest School

Classroom Supplies

Student Items - Please label with child's name:

- 1 Backpack, Lunch Box, & Water Bottle (*spill proof*)
- 1 Five Star, *Heavy-duty*, 2-pocket plastic folder with clasps in the center for pages & extra pocket on inside R.
- 1 - 1" 3-Prong Binder (write name on spine)
- 1 Pack Page Protector Sheets (set of 50, unpack and place on prongs in binder)
- 1 Sketch Pad (at least 8½×11 in. & 70 pages - larger is acceptable too- **NOT A NOTEBOOK PLEASE**)
- 1 Primary Journal (*must have space for drawing and writing on the page- NOT A NOTEBOOK PLEASE*)
- 1 Box Crayola Crayons & Colored Pencils (*erasable*)
- 1 Paint Pad (Watercolor Paper) & Watercolor Paints (18 paint colors minimum)
- 1 Pencil Box (all crayons & pencils should fit)
- 1 Pair Kid Scissors
- 1 Clipboard

Classroom community supplies - don't label with child's name:

- 6 Glue Sticks
- 1 Large Bottle of Elmer's Glue
- 2 Large Pink Erasers
- 1 Box Plastic Spoons & 1 Box Plastic Forks
- 1 Lg Disinfectant Wipes
- 1 Lg Hand Soap Refill

Forest School Specific Items - label with child's name:

Students will be outside 2+ hours a day, in all weather, in all seasons. Here are clothing supplies that will be **required** throughout the school year. Explanations on pages below.

- KAS Forest School Uniform Shirts
- Non-cargo, uniform style, solid color shorts/pants (quick-dry is recommended-please no leggings or basketball shorts)
- Rain boots (to remain at school; *see comments on pg. 2*)
- Lightweight socks for warm months, wool for cold months
- Deet-free insect repellent
- Camp chair (collapsible, labeled with child's name)
- Two-piece long underwear—silk or wool is best, but polyester is also a good choice.
- Fleece zip-up jacket (because it is warmer when wet)
- Waterproof mittens and hat (think warm when wet)
- A warm winter coat (must still fit under a raincoat)
- Waterproof**, breathable, durable, **raincoat**. We recommend Reima, OakiWear, REI or Marmot. Please no Frogg Toggs or Columbia. (**KAS provides NEW students their first pair of rain pants. Replacements are the parent's responsibility if they get torn or outgrown.**)

**Rain gear (boots, coat, pants) will remain at the school*

We provide a Forest School program that brings your student outside for 2+ hours each day, as well as time in the classroom. We have done our best to compile a helpful explanation of items that will be needed throughout the school year. Because this program embraces all seasons and seeks to remain outside during many types of weather, it is CRITICAL that your child has clothes and gear that allows him or her to play comfortably. **Our Forest School's motto is: There is no such thing as bad weather, only inappropriate clothing choices.**

Below you will find an explanation of **NECESSARY** items as well as helpful tips and suggestions regarding clothing and gear. The checklist of **required** items is on the school supply list above. Please note that this list of **required gear** is subject to change. **During the hot months, we will wear rain pants only when it is raining. You can expect that your child may come home dirty. Please make sure your child has bug repellent during the hot months.**

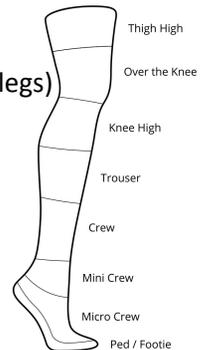
K-2 uniform:

1. Forest School t-shirt
2. Quick-dry shorts and pants are recommended instead of regular cotton uniform shorts or pants. Please note that "quick-dry" does not include basketball type shorts. The style of shorts should still be a school uniform style, but the material is quick-dry.
3. Indoor shoes for the classroom are still required. Students must be able to play on the playground and run in their classroom shoes. No light up or heely shoes please. **(If your child has not yet mastered tying their own shoes, velcro is a great option for the classroom.)**
4. If your child wears a uniform skirt or dress to school, please pair with leggings or shorts underneath. Leggings are not uniform independently.

★ **Warm months:** KAS Forest School t-shirt, quick-dry *shorts*; crew length lightweight socks (so the boots don't rub and hurt their legs)

★ **Cold months:** These are necessary layers for your child's comfort

- base layer long sleeve shirt and pants (long underwear)
- KAS Forest School t-shirt, uniform pants, crew length lightweight socks
- additional wool sweater or fleece jacket and fleece pants or snow pants, **wool socks**
- warm winter coat, waterproof mittens, hat, neck gaiter



Everyday Basic Gear

- ★ Water bottle (filled.) Children must be able to independently operate their water bottle.
- ★ Waterproof, not water resistant, rain pants AND rain jacket **(1st pair provided by KAS, if damaged beyond normal wear, you will be responsible for a replacement pair)**
- ★ Rain boots
 - **Warm months:** any kind of rubber rain boot (preferably ones that slip on and off easily)
 - **Cold months:** insulated rain boots - Bogs, Oakiwear. No insulated snow "duck" boots please. **Their feet will get cold in the winter months so insulated boots and wool socks are important.**

Fall and Spring Months...When temperatures are cooler:

- ★ Long-sleeved, moisture-wicking (polyester) shirts under their KAS FS t-shirt
- ★ Long pants (quick dry is recommended)

Winter Months

- ★ Insulated rain boots (Bogs, Oakiwear. No insulated snow “duck” boots please.)
- ★ Full rain gear
 - Waterproof rain jacket AND pants(**1st one provided by KAS, if damaged beyond normal wear, you will be responsible for a replacement**)
 - Snow pants, thick fleece pants, or thick coats must fit under rain pants and rain jacket. Snow gear is only water resistant and not an acceptable outer layer. The outer layer must keep the wetness out!
- ★ Two-piece long underwear
 - Silk or wool is best, but polyester is also a good choice.
 - Layers! We strongly recommend that your child wear several layers of these materials!
- ★ Thick wool sweaters or fleece jacket
- ★ Wool socks (multiple pairs) Merino wool or SmartWool are terms to search. These are to be worn over their lightweight socks.
- ★ Waterproof Mittens
 - Mittens are warmer than five-finger gloves and easier to pull on and off (side-zip are ideal)
 - Wool or fleece mittens for a base layer if you choose
 - Amazon.com has Reima waterproof unlined mittens that could go over the fleece mittens.
- ★ Wool or fleece hat

Helpful Hints

- ★ **Layering:**
 - Layering is key! Some days are 1-layer clothing days, some 2-layer days, some 3-layers. It is much easier to take layers off as needed than to warm a child that has already gotten chilled. When a child is cold, they no longer want to participate.
 - The children’s needs throughout the day are often unpredictable and will depend not only on the weather conditions but also the child’s body temperature and activity level. We layer to adjust to the variety of conditions we encounter!
 - Ask your child if they were warm enough outside and add more layers if needed.
- ★ **We’re going to get dirty!** It is important to have the mindset that dirt is just part of Forest School and we will embrace it.
- ★ **Comfortability:**
 - All clothing and footwear should be loose fitting and roomy to allow the body’s own insulating layer to surround the skin. This is more comfortable and keeps the children warmer!

- Pants are more comfortable for children when they have elastic waists instead of buttons or snaps.
- Please stay away from one- piece clothing such as snow bibs, as they can be problematic when using the bathroom.
- ★ **VERY IMPORTANT: Please label everything with your child's name.**
- ★ **Where to Obtain Gear**
 - Amazon.com is a good place to find most items.
 - There are many places to order soft wool products that are not itchy to sensitive skin. Second hand stores are a great place for wool and fleece layers.
 - If you purchase your pair of Bogs boots from REI, they will take them back if damaged and give you a new pair.
- ★ **Maintaining the Gear**
 - Kookaburra or Eucalan wool wash products protect the lanolin in the wool that maintains the warm when-wet properties. When aired out at night, wool does not hold odors and when worn under other layers, only needs to be washed every few weeks.

Please, if you have any questions or concerns about obtaining the correct items, feel free to contact me via text, call, email, or class dojo. I am happy to help!

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